

JULY

Help your child know personal information.

Create with your child an “All About Me and My Family” book.

- ♥ Help your child make a book by stapling or tying together with yarn blank sheets of paper.
- ♥ Help your child create the cover of the book. Use a photo of your child or a picture he or she draws for the cover page.
- ♥ Let your child decide on the title of the book and write that on the cover.
- ♥ Add your child’s name to the cover as the author of the book. Write or have your child write his or her own name on the cover of the book. Include both the first and last name.

Involve your child in adding personal information to the book.

- ♥ Begin writing a sentence and ask your child to complete it. Add to the sentence what your child says; helping as needed, with items such as height and weight. The information should be correct and complete.
- ♥ Here are some examples of what to include:
 - My name is _____ (include child’s first and last name).
 - Sometimes my family calls me _____ (nickname).
 - I am a _____ (girl or boy).
 - I was born on _____ and I am _____ years old.
 - My eyes are _____ (color) and my hair is _____ (color).
 - I am _____ inches tall and weigh _____ pounds.

Help your child add a family section to the book.

- ♥ Add family photos and help your child decide what to write about each family member in the photo. Here are some examples:
 - This is my mother. Her name is _____ (first and last name) She makes good spaghetti.
 - This is my grandfather. He lives with us. His name is _____.

- ♥ Include all of the family members living in your home as well as other family members your child would like to add.
- ♥ Ask your child to draw all of the members of his or her family on one page of the family section. Write their names under each figure as your child tells you who each one is.

Create with your child a section of the book about your family’s favorite things.

- ♥ Go through photos with your child of family events such as reunions, outings, and trips. Select some that are favorites. Add these to the book. With each photo write what your child has to say about the event.
- ♥ Make “Family Favorites” lists. Some examples to include: favorite songs, movies, TV shows, places to visit, restaurants, foods, sports.
- ♥ Let your child use washable markers or crayons to draw pictures of his or her favorite things. Write on the picture what your child tells you about the drawing.

ADDITIONAL IDEAS


Let your child share the “All About Me and My Family” book and the family tree with other family members and with neighbors. Suggest that he or she “read” what is written in the book and on the family tree. Your child may not be able to actually read all of the words. With your help he or she can recall what is written.



Web Sites

<http://www.behindthename.com/>

<http://www.crayola.com/activitybook/print.cfm?id=625>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Have your child find things that begin with the letter "T".	2 Have your child draw a picture using red, white and blue.	3 Go outside and play hopscotch with your child.
4 Independence Day Have your child use your shoes to measure a room. How many shoes across?	5 Work together on a project or household job. Talk about how working together helps get things done faster and is more fun.	6 Together write a story about the flower you planted last month.	7 Have your child find things that are his/her favorite color.	8 Library Day	9 Together note the different types of flowers in your garden or park.	10 With your child take a walk and count the stars.
11 Together act out a familiar story and use/make simple props to go with the story.	12 Create a list of four tasks for your child to complete today.	13 Have your child draw a picture of your family and have your child say the first and last names of each person.	14 Play group day!	15 Have your child practice writing his/her first and last name.	16 Have your child name things that rhyme with "pig".	17 Have your child retell a story or event in order (first, middle, last).
18 Together work on the alphabet book.	19 Visit a playground and climb together.	20 Reminder.... Book List!!	21 Have your child count pennies...count as high as he/she can.	22 Library Day	23 Encourage your child to dress himself/herself.	24 Talk about how many family members you have – how many boys, how many girls, who is the oldest, and who is the youngest.
25 Parent's Day With your child pick two books to read today.	26 With your child practice identifying opposites (in-out, up-down, etc.).	27 Have your child count the number of steps from his/her bed to the bathroom.	28 Ask your child what might happen if it rains today.	29 Together finish the alphabet book. Give your child a special prize.	30 Visit a pool and help your child swim.	31 Together sort a handful of various coins.

BOOKS FOR FOUR & FIVE YEAR OLDS

Are You My Mother? by P.D. Eastman
Ask Mr. Bear by Marjorie Flack
Families are Different by Nina Pellegrini

Happy Birthday Moon by Frank Asch
The Relatives Came by Cynthia Rylant
Bigmama's by Donald Crews